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Learn more about Spec Hub The Postman VS Code extension enables you to develop, test, and organize your APIs in Postman directly from Visual Studio Code. The VS Code extension also supports VSCodium, Cursor, and Windsurf. If you want to be first in line to experience new features, download our latest Canary builds available for a sneak peek. They are designed for early adopters, and may sometimes break. Download Postman Canary — If you are using the Postman web client, you will need to also download the Postman desktop agent to overcome the Cross-Origin Resource Sharing (CORS) limitations of browsers. The Postman CLI is the command-line companion that is developed, supported, and signed by Postman. It enables you to run collections, lint API schemas, run security and governance checks, and log in and out. Read the installation docs — Newman is a command-line collection runner for Postman. It is built with extensibility in mind so that you can easily integrate it with your continuous integration servers and build systems. Read the installation docs — Postman is a popular tool for API (Application Programming Interface) development and testing. With Postman, developers can create HTTP requests and send them to API endpoints, allowing them to test API functionality and inspect request and response data. If you want to use Postman to efficiently and reliably build APIs, how do you download and install Postman? In this article, I'll introduce you to the most detailed step-by-step guide for downloading and installing Postman. Free download of Postman you can download Postman from various third-party app download sites, but considering file security and timeliness, it's recommended to download it from the official Postman website. Official Postman download page: supports Windows, macOS, and Linux. Please follow the steps below to download the appropriate version. If you prefer not to download and install the Postman Desktop version, you can also use the Postman Web app. Steps to download Postman: Step 1: Open the official Postman download page using the URL above and click the "Download" button. Guide: Postman automatically detects your device here. If you're on a Mac, the download button for the Mac version will appear, and if you're on a Windows PC, the button for the Windows version will appear. Step 2: Download the Postman Installation File. Step 3: Find the Downloaded Installation File. After the download is complete, locate the downloaded installation file. Installing Postman Refer to the steps above to obtain Postman from the official site, then follow the instructions below for easy installation. Installing Postman on Windows The installation file for Windows is always an EXE file, which you can double-click to launch the installation wizard. When you see the "Installing Postman" screen, the installation process begins. Upon completion, Postman will be successfully installed on your Windows PC. Installing Postman on Mac The Postman installation file you download for Mac from the official site is a Zip file. The installation steps are very straightforward. Step 1: Double-click the downloaded installation file to unzip it. Step 2: Once successfully unzipped, you'll see the Postman icon in the same directory, and the Postman app will be available for use. Unzipped Postman Step 3: To launch Postman, just double-click the icon. Postman Web App is Also Available Additionally, Postman offers an online Web app, enabling you to use Postman without downloading and installing it locally. You can access the Postman Web app at . By logging into your account on this page, you'll be able to use the Postman Web app. Postman Alternative: EchoAPI What is EchoAPI? Now, I would like to introduce you to EchoAPI, a powerful API management tool that surpasses Postman. As a next-generation API management solution, EchoAPI offers enhanced API development features. It simplifies It's a perfect alternative to Postman, offering features like API design, debugging, automated testing, and load testing. Additionally, the collaboration features, such as real-time sharing, are very user-friendly, making EchoAPI more efficient than Postman for team development. EchoAPI is an ultra-lightweight API collaboration tool that supports Scratch Pad. Plus, it comes with plugins for IntelliJ IDEA (EchoAPI for IntelliJ IDEA), extension for VS Code (EchoAPI for VS Code), and a Chrome request capture extension (EchoAPI Inceptor), all without the need to log in. Standout features: No login required: Just install and start using it. Supports Scratch Pad: Makes jotting down quick notes and ideas super easy. Ultra-lightweight: It's incredibly fast and doesn't bloat your system. 100% compatible with Postman script syntax: You can switch over without having to relearn anything. In addition, EchoAPI's collaboration features, such as real-time sharing, are extremely user-friendly. Therefore, for team development, EchoAPI is more efficient than Postman. Conclusion This article explains how to download and install the latest version of Postman, an essential tool for API development and testing, from the official website onto Windows and Mac. Postman offers a highly user-friendly GUI and numerous features, making it efficient for API design, debugging, and testing. In team development scenarios, EchoAPI also enables real-time collaboration. In addition to the aforementioned features, EchoAPI offers Japanese and Taiwanese versions that Postman does not have. Therefore, as the best alternative to Postman, EchoAPI is also very suitable for developers in these regions. Postman is a popular tool to test and develop API that simplifies sending requests, inspecting responses, and automating workflows. It is popularly used by developers, testers, and DevOps engineers to interact with APIs. Postman offers support for REST, GraphQL, SOAP, and other protocols, making it a versatile tool for API development and debugging. Before you install Postman on your system, ensure that your environment meets the following requirements. Operating System: Windows, macOS, or Linux (Debian-based, RPM-based, or Arch-based) Memory: At least 4GB RAM (8GB recommended for smooth performance) Storage: 200MB of free disk space Network: Active internet connection for installation and updates Installing Dependencies (For Linux Users) Ubuntu/Debian: Ensure snapd is installed for Snap package installation. sudo apt update && sudo apt install snapd Arch Linux: Ensure yay or pacman is set up for AUR installations. You can install Postman on Linux using multiple different methods, depending on your distribution and preference. Here are the step-by-step installation methods: Install Postman via Snap (Recommended for Ubuntu & Debian-based Distros) Snap provides an easy way to install Postman with automatic updates. Ensure snapd is installed, using these commands: sudo apt update && sudo apt install snapd snap install postman Install Postman by running the following command: sudo snap install postman snap list | grep postman postman Install Postman via APT (For Debian/Ubuntu without Snap) If you prefer manual installation for Postman, use APT: Download the latest Postman tarball. wget -O postman.tar.gz sudo tar -xvf postman.tar.gz -C /opt/ sudo ln -s /opt/Postman/Postman /usr/local/bin/postman postman Install Postman via Flatpak (Alternative for Fedora, openSUSE, and Others) Flatpak provides a universal method to install Postman on various distributions. Install Flatpak (if not already installed) sudo dnf install flatpak Discover a world of enhanced features and show your support for our ongoing development with CyberPanel add-ons. Elevate your experience today! Add the Flathub repository flatpak remote-add -if not-exists flathub flatpak install flathub com.getpostman.Postman flatpak run com.getpostman.Postman Installing Postman Manually (Tar.gz) for Any Linux Distro Lastly, you can install Postman using Tar.gz for Any Linux Distro. Download the latest Postman package wget -O postman.tar.gz sudo tar -xvf postman.tar.gz -C /opt/ Create a symlink for easier execution sudo ln -s /opt/Postman/Postman /usr/local/bin/postman postman You can install Postman on Windows using the official installer, which provides a simple setup process. Following the steps below to install Postman on Windows. Downloading Postman for Windows Visit the official Postman website, click on the Windows (64-bit) download option, and .exe installer will start downloading. Installing Postman Using the Installer Locate the downloaded Postman-win64.exe file, double-click on the installer to start installation, and wait for it to start automatically. Once the installation is complete, Postman will launch itself. Verifying the Installation Open Postman from the start menu or by searching for "Postman" in the Windows search bar. If Postman launches successfully, the installation is complete. To install Postman on macOS, you can either use Homebrew or manually download the application. Install Postman Using Homebrew (Recommended) Homebrew is a
package manager that simplifies the installation by ensuring automatic updates for Postman. Open the Terminal and run the following command to install Postman: brew install -cask postman Once the package is installed, you can launch Postman from the Launchpad or by running: open /Applications/Postman.app Download and Install Postman Manually If you prefer to manually download, use the following steps: From the official Postman website, select the macOS version. Download the download .zip file, it will extract Postman.app. Drag and drop Postman.app into the /Applications folder. Open Postman from the Launchpad or the applications folder. Verifying the Installation Open Postman from the Launchpad or run using this command: open /Applications/Postman.app If you are no longer using Postman, you can uninstall it from your system with different methods based on your operating system. Uninstalling Postman on Linux Here is how you can uninstall Postman on the Linux system. Using Snap (For Ubuntu & Debian-based Systems) sudo snap remove postman Using Command-line (For Fedora & Other Flatpak Users) flatpak uninstall com.getpostman.Postman Manual Uninstallation (Tar.gz Installation) Remove the Postman directory, using the command: sudo rm -rf /opt/Postman Delete the symlink (if created) sudo rm /usr/local/bin/postman Uninstalling Postman on Windows From the control panel, visit programs & features, find Postman, and click on uninstall. From the command prompt, run the command: wmic product where name="Postman" call uninstall Uninstalling Postman on macOS Using Homebrew, run the command: brew uninstall -cask postman To remove manually, open the applications folder, and drag Postman.app to the trash. Later, remove the configuration files: rm -rf ~/Library/Application\ Support/Postman Issue Possible Cause Solution Postman not launching Corrupt installation or missing dependencies Reinstall Postman and ensure dependencies are met Snap/Flatpak installation fails /Install or update Snap/Flatpak (sudo apt install snapd or sudo dnf install flatpak) Command not found (Linux) Postman is not in the system's PATH Add Postman to PATH manually (export PATH=\$PATH:/opt/Postman/Permission denied (Linux/macOS) Postman installed without proper permissions Run Postman with sudo or change permissions (chmod +x /opt/Postman/Postman) Windows installer stuck Antivirus blocking installation Temporarily disable antivirus and retry Homebrew installation fails (macOS) Homebrew is outdated or misconfigured Run brew update before installing Postman Postman crashes on launch Corrupt cache or configuration files Delete cache: rm -rf ~/.config/Postman (Linux/macOS) or %AppData%\Postman (Windows) Postman version outdated Old version installed manually Download the latest version from Postman's website You can easily install Postman on Linux, macOS, and Windows easily using these simple steps and package managers. Alternatively, you can opt for manual downloads. This troubleshooting cheat sheet will also help you solve any issues by yourself. 1. What is Postman used for? Postman is an API development and testing tool that allows users to send requests, automate workflows, and collaborate on API projects. 2. Why is Postman not launching after installation? This could be due to corrupt installation files or missing dependencies. Try reinstalling Postman or deleting its cache and configuration files. 3. Can I update Postman automatically? Yes, if you installed Postman via Snap (Linux), Homebrew (macOS), or the Windows installer, it updates automatically. Download the app to get started using the Postman API Platform today. Or, if you prefer a browser experience, you can try the web version of Postman. Download the app to get started with the Postman API Platform. To experience the best the Postman app has to offer, please download it on your desktop. Postman on the web Access the Postman API Platform through your web browser. Create a free account, and you're in. Postman Enterprise Postman Enterprise is designed for organizations who need to deploy Postman at scale. Learn more → The Postman VS Code extension enables you to develop and test your APIs in Postman directly from Visual Studio Code. This streamlines your development workflow because you can quickly test your APIs in the same application you're using to develop. You can also use the extension to organize your API requests in Postman Collections, and share them with your team using workspaces. If you are using the Postman web client, you will need to also download the Postman desktop agent. The Postman agent overcomes the Cross-Origin Resource Sharing (CORS) limitations of browsers, and facilitates API request sending from your browser version of Postman. Read the blog post New! The Postman CLI is the command-line companion that is developed, supported, and signed by Postman. It enables you to run collections, lint API schemas, run security and governance checks, and log in and out. All test results will be automatically pushed to the app. Windows installation powershell.exe -NoProfile -InputFormat None -ExecutionPolicy AllSigned -Command "[System.Net.ServicePointManager]::SecurityProtocol = 3072; tex (New-Object System.Net.WebClient).DownloadString(')' Mac (Apple silicon) installation curl -o- " | sh Mac (Intel) installation curl -o- " | sh Linux installation curl -o- " | sh Read the Installation Docs Be the first to experience new Postman features If you want to be first in line to experience new features, download our latest Canary builds available for a sneak peek. They are designed for early adopters, and may sometimes break. Newman is a command-line collection runner for Postman. It allows you to effortlessly run and test a Postman Collection directly from the command-line. It is built with extensibility in mind so that you can easily integrate it with your continuous integration servers and build systems. npm install -g newman Home / Get started / Postman first steps / Download Download the Postman app for macOS, Windows, or Linux. Postman is the API platform for using, building, and testing APIs. You can use the Postman desktop app to power every part of your API lifecycle: Send requests with the Postman API client, including HTTP, GraphQL, and gRPC requests. Design, build, and document APIs. Build AI agents that interact with LLMs and APIs. Test and monitor your API's functionality and performance. Organize your work and collaborate with your team on API development. Discover new APIs and build visual API-driven applications. To get started, download and install the latest version of the Postman desktop app. Visit the Download Postman page and select the option for your operating system. Postman is available as a native desktop app for macOS (Intel or Apple silicon), Windows (Intel 64-bit), and Linux (64-bit). Need more help getting the Postman app? Check out install and update Postman. Last modified: 2025/03/03 Postman is a platform for building and using APIs and helps for simplifying the steps in the APIs lifecycles to streamline collaboration for creating faster APIs. It includes various API tools to accelerate the development cycle, including the design mockups and testing documentation, etc. Postman will use it directly on a web browser or we can also download the desktop version also for convenience use. Nowadays postman is also used by multinational companies like Twitter, Gear4music, BetterCloud, Momentive, etc. It also offers an API through which users can access data on the platform. It offers features such as search, notifications, alerts, security warnings, etc. Installing Postman on Windows Follow the below steps to install Postman on Windows: Step 1: Visit the website using any web browser. Step 2: Click on Windows Button to download. Step 3: Now click on Windows 64 - bit button. Step 4: Now check for the executable file in downloads in your system and run it. Step 5: Now installing process will start it takes a minute to install in the system. Step 6: After installing the program the software opens automatically. Now you can see the interface of the software. Postman is successfully installed on the system and an icon is created on the desktop. Congratulations! At this point, you have successfully installed Postman on your windows system . To get the latest version of the Postman desktop app, visit the Download Postman page and select the option for your operating system. Postman is available as a native desktop app for macOS (Intel or Apple silicon), Windows (Intel 64-bit), and Linux (Intel 64-bit or ARM 64-bit). Postman is also available as a web app. You can use the Postman web app to carry out many of your API development and testing tasks in your web browser. Keep in mind that some features aren't supported when using the Postman web app, so use the Postman desktop app for the full Postman experience. Postman is available for Windows 10 and later. Download the latest Postman version. Select and run the .exe file to install Postman. Postman v9.4 is the last version of Postman that supports both 32-bit and 64-bit Windows. All versions of Postman following v9.4 require 64-bit x86 Windows. You can run Postman on 32-bit Windows only if you already have Postman v9.4 or earlier; however, those versions of Postman are no longer available for download. Install Postman on Mac Postman is available for macOS 10.15 (Catalina) and later. Download the latest Postman version. If your Mac has an Apple silicon processor, make sure to download the Mac Apple Chip version. If your browser downloads the file as a ZIP file, find the file in the Downloads folder and unzip it. When prompted, move the file to your Applications folder. This ensures that future updates can be installed. You can also install Postman using the Homebrew package manager: brew install -cask postman Install Postman on Linux Postman supports the following Linux distributions: Ubuntu 18.04 and later, Fedora 32 and
later, and Debian 10 and later. If you're using Electron in your development environment, you can only install certain Linux distributions, as described in Electron's documentation. You can install Postman on Linux from the Snap store page or by using the snap install postman command. If installing from the command line, first ensure that you're set up for snaps. Alternatively, you can download the latest version of Postman and unpack the file using the tar xzf linux_64 command. Postman recommends installing using Snap because it includes all the libraries the app needs and the file's bundled with the app itself. Create a Linux launcher icon To start the app from a launcher icon, install the desktop file, located in the bundle, into an applications subdirectory of a path contained in \$XDG_DATA_DIRS (for example, ~/.local/share/applications/): install -t ~/.local/share/applications/ //Postman/app/resources/Postman.desktop Enter the following content in the file, replacing with the location of the file, then save it: [Desktop Entry] Encoding=UTF-8 Name=Postman Exec=/Postman/app/Postman %U Icon=/Postman/app/resources/app/assets/icon.png Terminal=false Type=Application Categories=Development; Additional requirements for installation on Linux When installing Postman on Linux: Don't start Postman with the sudo command. If you do, files created by Postman will have permissions issues. Ensure you have read/write permission for the ~/.config folder. This is where Postman stores information. Ensure that you've installed openssl on your machine. On Ubuntu 18, install the libconf-2.4 package with the apt-get install libconf-2.4 command. Use the Postman web app You can use Postman in your web browser to complete your API development and testing tasks with the Postman Agents. If you're using the Postman web app, Postman recommends using the Postman Desktop Agent for the best experience. See About the Postman Agent for more information. Browser environments Read the blog post New! The Postman CLI is the command-line companion that is developed, supported, and signed by Postman. It enables you to run collections, lint API schemas, run security and governance checks, and log in and out. All test results will be automatically pushed to the app. Windows installation powershell.exe -NoProfile -InputFormat None -ExecutionPolicy AllSigned -Command "[System.Net.ServicePointManager]::SecurityProtocol = 3072; tex (New-Object System.Net.WebClient).DownloadString(')' Mac (Apple silicon) installation curl -o- " | sh Mac (Intel) installation curl -o- " | sh Linux installation curl -o- " | sh Read the Installation Docs Be the first to experience new Postman features If you want to be first in line to experience new features, download our latest Canary builds available for a sneak peek. They are designed for early adopters, and may sometimes break. Newman is a command-line collection runner for Postman. It allows you to effortlessly run and test a Postman Collection directly from the command-line. It is built with extensibility in mind so that you can easily integrate it with your continuous integration servers and build systems. npm install -g newman Home / Get started / Postman first steps / Download Download the Postman app for macOS, Windows, or Linux. Postman is the API platform for using, building, and testing APIs. You can use the Postman desktop app to power every part of your API lifecycle: Send requests with the Postman API client, including HTTP, GraphQL, and gRPC requests. Design, build, and document APIs. Build AI agents that interact with LLMs and APIs. Test and monitor your API's functionality and performance. Organize your work and collaborate with your team on API development. Discover new APIs and build visual API-driven applications. To get started, download and install the latest version of the Postman desktop app. Visit the Download Postman page and select the option for your operating system. Postman is available as a native desktop app for macOS (Intel or Apple silicon), Windows (Intel 64-bit), and Linux (Intel 64-bit or ARM 64-bit). Postman is also available as a web app. You can use the Postman web app to carry out many of your API development and testing tasks in your web browser. Keep in mind that some features aren't supported when using the Postman web app, so use the Postman desktop app for the full Postman experience. Postman is available for Windows 10 and later. Download the latest Postman version. Select and run the .exe file to install Postman. Postman v9.4 is the last version of Postman that supports both 32-bit and 64-bit Windows. All versions of Postman following v9.4 require 64-bit x86 Windows. You can run Postman on 32-bit Windows only if you already have Postman v9.4 or earlier; however, those versions of Postman are no longer available for download. Install Postman on Mac Postman is available for macOS 10.15 (Catalina) and later. Download the latest Postman version. If your Mac has an Apple silicon processor, make sure to download the Mac Apple Chip version. If your browser downloads the file as a ZIP file, find the file in the Downloads folder and unzip it. When prompted, move the file to your Applications folder. This ensures that future updates can be installed. You can also install Postman using the Homebrew package manager: brew install -cask postman Install Postman on Linux Postman supports the following Linux distributions: Ubuntu 18.04 and later, Fedora 32 and later, and Debian 10 and later. If you're using Electron in your development environment, you can only install certain Linux distributions, as described in Electron's documentation. You can install Postman on Linux from the Snap store page or by using the snap install postman command. If installing from the command line, first ensure that you're set up for snaps. Alternatively, you can download the latest version of Postman and unpack the file using the tar xzf linux_64 command. Postman recommends installing using Snap because it includes all the libraries the app needs and the file's bundled with the app itself. Create a Linux launcher icon To start the app from a launcher icon, install the desktop file, located in the bundle, into an applications subdirectory of a path contained in \$XDG_DATA_DIRS (for example, ~/.local/share/applications/): install -t ~/.local/share/applications/ //Postman/app/resources/Postman.desktop Enter the following content in the file, replacing with the location of the file, then save it: [Desktop Entry] Encoding=UTF-8 Name=Postman Exec=/Postman/app/Postman %U Icon=/Postman/app/resources/app/assets/icon.png Terminal=false Type=Application Categories=Development; Additional requirements for installation on Linux When installing Postman on Linux: Don't start Postman with the sudo command. If you do, files created by Postman will have permissions issues. Ensure you have read/write permission for the ~/.config folder. This is where Postman stores information. Ensure that you've installed openssl on your machine. On Ubuntu 18, install the libconf-2.4 package with the apt-get install libconf-2.4 command. Use the Postman web app You can use Postman in your web browser to complete your API development and testing tasks with the Postman Agents. If you're using the Postman web app, Postman recommends using the Postman Desktop Agent for the best experience. See About the Postman Agent for more information. Browser environments Read the blog post New! The Postman CLI is the command-line companion that is developed, supported, and signed by Postman. It enables you to run collections, lint API schemas, run security and governance checks, and log in and out. All test results will be automatically pushed to the app. Windows installation powershell.exe -NoProfile -InputFormat None -ExecutionPolicy AllSigned -Command "[System.Net.ServicePointManager]::SecurityProtocol = 3072; tex (New-Object System.Net.WebClient).DownloadString(')' Mac (Apple silicon) installation curl -o- " | sh Mac (Intel) installation curl -o- " | sh Linux installation curl -o- " | sh Read the Installation Docs Be the first to experience new Postman features If you want to be first in line to experience new features, download our latest Canary builds available for a sneak peek. They are designed for early adopters, and may sometimes break. Newman is a command-line collection runner for Postman. It allows you to effortlessly run and test a Postman Collection directly from the command-line. It is built with extensibility in mind so that you can easily integrate it with your continuous integration servers and build systems. npm install -g newman Home / Get started / Postman first steps / Download Download the Postman app for macOS, Windows, or Linux. Postman is the API platform for using, building, and testing APIs. You can use the Postman desktop app to power every part of your API lifecycle: Send requests with the Postman API client, including HTTP, GraphQL, and gRPC requests. Design, build, and document APIs. Build AI agents that interact with LLMs and APIs. Test and monitor your API's functionality and performance. Organize your work and collaborate with your team on API development. Discover new APIs and build visual API-driven applications. To get started, download and install the latest version of the Postman desktop app. Visit the Download Postman page and select the option for your operating system. 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If you're using Electron in your development environment, you can only install certain Linux distributions, as described in Electron's documentation. You can install Postman on Linux from the Snap store page or by using the snap install postman command. If installing from the command line, first ensure that you're set up for snaps. Alternatively, you can download the latest version of Postman and unpack the file using the tar xzf linux_64 command. Postman recommends installing using Snap because it includes all the libraries the app needs and the file's bundled with the app itself. Create a Linux launcher icon To start the app from a launcher icon, install the desktop file, located in the bundle, into an applications subdirectory of a path contained in \$XDG_DATA_DIRS (for example, ~/.local/share/applications/): install -t ~/.local/share/applications/ //Postman/app/resources/Postman.desktop Enter the following content in the file, replacing with the location of the file, then save it: [Desktop Entry] Encoding=UTF-8 Name=Postman Exec=/Postman/app/Postman %U Icon=/Postman/app/resources/app/assets/icon.png Terminal=false Type=Application Categories=Development; Additional requirements for installation on Linux When installing Postman on Linux: Don't start Postman with the sudo command. If you do, files created by Postman will have permissions issues. Ensure you have read/write permission for the ~/.config folder. This is where Postman stores information. Ensure that you've installed openssl on your machine. On Ubuntu 18, install the libconf-2.4 package with the apt-get install libconf-2.4 command. Use the Postman web app You can use Postman in your web browser to complete your API development and testing tasks with the Postman Agents. If you're using the Postman web app, Postman recommends using the Postman Desktop Agent for the best experience. See About the Postman Agent for more information. Browser environments Read the blog post New! The Postman CLI is the command-line companion that is developed, supported, and signed by Postman. It enables you to run collections, lint API schemas, run security and governance checks, and log in and out. All test results will be automatically pushed to the app. Windows installation powershell.exe -NoProfile -InputFormat None -ExecutionPolicy AllSigned -Command "[System.Net.ServicePointManager]::SecurityProtocol = 3072; tex (New-Object System.Net.WebClient).DownloadString(')' Mac (Apple silicon) installation curl -o- " | sh Mac (Intel) installation curl -o- " | sh Linux installation curl -o- " | sh Read the Installation Docs Be the first to experience new Postman features If you want to be first in line to experience new features, download our latest Canary builds available for a sneak peek. They are designed for early adopters, and may sometimes break. Newman is a command-line collection runner for Postman. It allows you to effortlessly run and test a Postman Collection directly from the command-line. It is built with extensibility in mind so that you can easily integrate it with your continuous integration servers and build systems. npm install -g newman Home / Get started / Postman first steps / Download Download the Postman app for macOS, Windows, or Linux. Postman is the API platform for using, building, and testing APIs. You can use the Postman desktop app to power every part of your API lifecycle: Send requests with the Postman API client, including HTTP, GraphQL, and gRPC requests. Design, build, and document APIs. Build AI agents that interact with LLMs and APIs. Test and monitor your API's functionality and performance. Organize your work and collaborate with your team on API development. Discover new APIs and build visual API-driven applications. To get started, download and install the latest version of the Postman desktop app. Visit the Download Postman page and select the option for your operating system. 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